

# EL NACIONAL

## LUNCH TIME BISTROT

Monday to Friday from 12h00 am to 2h00 but holidays

### MENUS

|  |         |
|--|---------|
| Daily Special main course                      | 15,00 € |
| Starter + Main course or Main course + Dessert | 22,00 € |
| Main course + Wine Glass+ Dessert              | 27,00 € |
| Starter + Main + Dessert                       | 29,00 € |

### STARTERS

7,00 €

Daily Starter

Spinach Fritters & garlic mayonnaise

Spanish Ham « Croquetas » & Espelette paprika scented tomato sauce

Marinated Vegetables Antipasti

### MAIN COURSES

15,00 €

Daily special, everyday different

*Or*

Chargrilled El Nacional sirloin steak, homemade french fries & green salad

*Ou*

Daily fish

### DESSERTS

7,00 €

Goloso coffee (A light gourmand coffee)

Rice Pudding

Chocolat mousse

Alfajores(A short bread pastry filled with special toffee from Argentina)

*For the Allergic Product list, please ask staff*

**BANK CHEQUES ARE NOT ACCEPTED AT EL NACIONAL THANK YOU FOR YOUR COMPREHENSION**  
Restaurant EL NACIONAL - 23 bis rue Rode - 33000 Bordeaux - France - TEL : 0556792276 / FAX : 09 59 84 27 64 / info@elnacional.fr

# EL NACIONAL

## TO HAVE A DRINK BEFORE DINNER

### WATER, SOFT DRINKS & FRUIT JUICE

|  |                 |
|--|-----------------|
| Natural mineral water: Abatilles Still/Sparkling 50cl/1l                     | 4,50 € / 5,50 € |
| Water & Syrup Teisseire : Lemon, Strawberry, Grenadine, Minth, Almond, Peach | 3,00 €          |
| Fruit juice Granini : Apricot, Ananas, Orange, Grapefruit, Apple, Tomato     | 3,50 €          |
| Coca-Cola, Coca-Cola Zero, Fuzze Tea Peach, Lemonade Ogeu, Orangina, Perrier | 5,00 €          |
| Fever-Tree Tonic Water : Premium Indian, Mediterranean, Premium Ginger Beer  | 5,00 €          |

### BEERS

|  |                  |
|--|------------------|
| Stella Artois Draught Half 34cl / Pinte 50cl | 5,00 € / 9,50 €  |
| Lefte Blonde Draught Half 34cl / Pinte 50cl  | 5,80 € / 10,00 € |
| Quilmes Bottled 34cl (Argentine)             | 6,00 €           |

### APÉRITIFS

|   |                  |
|---|------------------|
| Ricard 2cl / Suze 6cl   | 5,50 €           |
| Martini / Lillet / Léonce 6cl   | 7,50 €           |
| Fernet Branca 4cl Coca  | 10,00 €          |
| Kir, Kir Médocain / Kir Royal 12cl  | 7,50 € / 16,00 € |
| Liquoreux white wine Amalaya Torrontes-Riesling 10 cl                           | 9,00 €           |
| Pineau de Château de Beaulon 2000 (vieilli en fûts de Château d'Yquem 2000) 6cl | 14,00 €          |
| Pineau rouge de Château de Beaulon 5 ans 6cl                                    | 11,00 €          |
| Porto Tawny 10 ans Quinta do Noval 6cl  | 12,00 €          |
| Porto LBV Quinto do Noval 6cl   | 15,90 €          |
| Coupe de Champagne Ayala Brut Majeur 10cl                                       | 16,00 €          |

### COCKTAILS

|  |         |
|--|---------|
| Today's Cocktail                         | 12,00 € |
| Américano / Negroni                      | 12,00 € |
| Spritz / Saint-Germain Spritz            | 12,00 € |
| Moscow Mule, London Mule, Carribean Mule | 12,00 € |
| Caïpis, Mojitos, Ti-Punch                | 12,00 € |
| Bramble                                  | 14,00 € |
| Margarita/Pisco Sour                     | 14,00 € |

### GINs (4cl) & TONIC FEVER-TREE


|  |         |
|--|---------|
| London Beefeater                               | 11,00 € |
| Bombay Sapphire                                | 12,00 € |
| Hendrick's / Tanqueray / Sorgin / The Botanist | 14,00 € |
| Monkey 47 / Sorgin Yellow                      | 16,00 € |





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## APPETIZERS - BITS & BITES - STARTERS

### PARA PICAR (Picar = Nibbling snacking...)

|   |         |
|---|---------|
| Antipasti  | 10,00 € |
| (Assorted marinated vegetables with mozzarella, almond stuffed olives, etc)                 |         |
| Cold meat platter   | 16,00 € |
| (spianatta, finocchiona, mortadelle, coppa et boudin noir)                                  |         |
| Jabugo 100% bellota Iberic Spanish cured Paletilla  | 24,00 € |
| Planche d'El Nacional (Antipasti, cold meats and many others to share)                      | 26,00 € |

### Casual Snacking

|  |         |
|--|---------|
| Bone marow & gremolata (chopped garlic & citrus zest)  | 11,00 € |
| Beef Croquetas   | 12,00 € |
| Spanish Ham Croquetas  | 12,00 € |
| Spinach fritters & garlicky mayonnaise                              | 12,00 € |
| Empanadas Salteñas (Four small beef pies made in the same way that may elders did)   | 13,00 € |
| Pan seared Calf's head with gribiche sauce   | 13,00 € |
| Tortilla de patatas to share (Traditional spanish potato omelette)  | 16,00 € |
| Fava beans Salade, poached egg & spanish iberic ham  | 18,00 € |

### « A LA PLANCHA » (SPECIALLY SELECTED PRODUCTS)

|  |         |
|--|---------|
| «Argentinian sausage», chimichurri & roasted red peppers   | 9,00 €  |
| Provoleta (Chargrilled provolone cheese with origan & Espelette paprika)  | 11,00 € |
| Chargrilled veal kidney  | 14,00 € |
| Mr. Christian Parra's Black pudding  | 14,00 € |
| Garlicky Calamari  | 18,00 € |
| Lemon scented chargrilled veal sweetbrads  | 28,00 € |

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## MAIN COURSES

### SALADS

Caesar salad « EL NACIONAL » breaded veal escalope ..... 19,00 €

### HOMEMADE PASTA, RISOTTI & CIE

Arrabiata with clams sauce homemade fettuccine  ..... 24,50 €

Ricotta & spinach ravioli whit a pesto rosso & smoked scamorza cheese ..... 24,50 €

Pan seared gambas risotto with chargrilled green asparagus ..... 28,00 €

### FRESH FISH

Pan seared Codfish with white asparagus & veal gravy ..... 24,50 €

« A la plancha » Corvina fish & chargrilled vegetables ..... 26,50 €

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## LE GRILL

### A LA PARRILLA\* MEATS

(A la Parrilla=CHARGRILLED LIKE AT HOME)

|  |         |
|--|---------|
| EL NACIONAL Parmentier Beef pie & salad  | 22,50 € |
| Argentinian beef Carpaccio, capers & rocket salad  | 24,00 € |
| Chargrilled veal kidney with garlic & parsley  | 26,00 € |
| Milanesa Argentinian milanaise escalope, the three ways<br>(Breaded beef escalopes : Nature, à la Napolitaine & with a fried egg on top) | 29,00 € |
| Chargrilled beef Onglet ( Thick skirt steak)   | 32,00 € |
| Black Gascon's breed chargrilled pork chop   | 36,00 € |
| Chargrilled flat meat from uruguayan beef  | 36,00 € |
| Argentinian chargrilled Bife de Chorizo<br>(boneless thick sirloin steak of Argentinian beef)  | 46,00 € |
| Chargrilled Argentinian « Ojo de bife »<br>(boneless thick rib-eye steak of Argentinian beef)  | 51,00 € |
| Black Gascon's breed chargrilled back fat & humita cassolette for two peoples  | 68,00 € |
| Chargrilled bone-in rib eye (For two peoples)  | 92,00 € |

*Beef provenance: U.E. -UK- France - Argentine and Uruguay.*

**\*All our meats are served with a choice of: fries, green salad or home-made mashed potatoes**

|   |        |
|---|--------|
| <b>Chargrilled vegetables</b>   | 5,50 € |
| <b>Side orders</b> (french fries, green salad or home-made mashed potatoes) | 5,50 € |

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## DESSERTS

|   |                |
|---|----------------|
| Grandma's citrus scented rice pudding   | 8,00 €         |
| Artisanals Ice-creams by La Compagnie des desserts (three parfums choice)               | 8,00 €         |
| Chocolate Mousse (Valrhona chocolat Guanaja 70%)  | 8,00 €         |
| Philadelphia Cheese cake & red berries coulis   | 9,00 €         |
| Home made crème caramel custard with dulce de leche & whipped cream                     | 9,00 €         |
| Banoffe   | 9,00 €         |
| Bomobon Helado (Creamy ice-cream demi-sphere with à toffee heart)                       | 10,00 €        |
| Seasonal Strawberries (Nature, with sugar or with Whipped cream)                        | 10,00 €        |
| Walnut shortbread alfajores, with « Dulce de leche » filling (4 pièces)                 | 10,00 €        |
| Semifreddo Crocante<br>(Home-made ice cream with caramelized almonds & chocolate bites) | 10,00 €        |
| Café Gourmand d' El Nacional  | 10,50 €        |
| Irish Coffee, French or Caribbean Coffee  | 14,00 €        |
| Cheese Platter<br>(Comté, St. Nectaire, Camembert et St. Maure de Touraine)             | 18,50 €        |
| <b>OUR ALFAJORES ARE ALSO SERVED ON TAKE-AWAY ON SIX</b>                                | <b>15,00 €</b> |
| <b>OR ON TWELVE PIECES</b>  | <b>28,00 €</b> |

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## DIGESTIFS

### LES RHUMS

|   |                   |
|---|-------------------|
| Havana Club Especial (Cuba) / Havana Selección de Maestros (Cuba) 4cl | 10,00 € / 14,00 € |
| Diplomático Reserva (Venezuela) / Ryoma (Japon) 4cl                   | 13,00 €           |
| Millonario 15 ans (Pérou) 4cl   | 13,00 €           |
| Santa Teresa (Venezuela) / Bumbu / Moko / Ocumare Reversa 4cl         | 14,00 €           |
| Botran Reserva (Guatemala) / Opthimus (République Dominicaine) 4cl    | 15,00 €           |
| Matusalem (République Dominicaine) 23 ans 4cl                         | 21,00 €           |
| Centenario 20 ans (Costa Rica) 4cl                                    | 16,50 €           |
| Mount Gay 4cl   | 19,80 €           |
| Zacapa 23 ans « Solera » / Zacapa XO Gran Reserva Especial 4cl        | 18,50 € / 35,00 € |


### LES TEQUILAS & MEZCALS

|  |                   |
|--|-------------------|
| San José / José Cuervo 4cl               | 12,00 €           |
| Don Julio Reposado 4cl                   | 14,00 €           |
| Patron Silver / Patron Reserva 4cl       | 14,00 € / 16,00 € |
| Casamigos 4cl                            | 17,00 €           |
| Mezcal El Rey Zapoteco Joven Espadin 4cl | 14,00 €           |
| Mezcal Los Javis Joven Salmiana 4cl      | 25,00 €           |

### LES WHISKIES

|   |                   |
|---|-------------------|
| Ballantines / Jack Daniel's 4cl                                 | 10,00 €           |
| Glenlivet 15 ans 4cl  | 11,00 €           |
| Akashi (Japon) 4cl  | 14,00 €           |
| Jack Daniel's Single Barrel 4cl                                 | 14,00 €           |
| Oban 14 ans 4cl   | 14,00 €           |
| Moon Harbour Pier 1 ou 2 4cl                                    | 14,00 €           |
| Bruichladdich Laddie Classic / Bruichladdich Port Charlotte 4cl | 14,00 € / 16,00 € |
| Glenfiddich 12 ans / 21 ans 4cl                                 | 16,00 € / 21,00 € |
| Bruichladdich Octomore 4cl                                      | 22,00 €           |
| La Alazana (Patagonia – Argentina)                              | 36,00 €           |

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*Alcohol abuse is dangerous for your health, consume in moderation* 

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## AFTER DINNER DRINKS

### COGNAC, BAS ARMAGNAC

|   |         |
|---|---------|
| Cognac Château de Beaulon VSOP 4cl      | 14,00 € |
| Cognac Château de Beaulon XO 4cl        | 17,00 € |
| Cognac Château de Beaulon XO 1980 4cl   | 42,00 € |
| Cognac Tesseron Lot 76 XO 4cl           | 20,00 € |
| Cognac Tesseron Lot 53 XO 4cl           | 34,00 € |
| Cognac Tesseron Lot 29 XO 4cl           | 78,00 € |
| Cognac Delamain XO 4cl                  | 18,00 € |
| Cognac Remy Martin « Louis XIII » Le cl | 90,00 € |
| Bas Armagnac Darroze 12 ans 4cl         | 12,00 € |
| Bas Armagnac Darroze 95 Domaine 4cl     | 16,00 € |
| Bas Armagnac Darroze 92 Domaine 4cl     | 17,50 € |
| Bas Armagnac Darroze 90 Domaine 4cl     | 18,00 € |
| Bas Armagnac Darroze 89 Domaine 4cl     | 22,00 € |
| Bas Armagnac Darroze 87 Domaine 4cl     | 26,00 € |
| Bas Armagnac Laubade 1990 4 cl          | 22,00 € |
| Bas Armagnac Laubade 1980 4 cl          | 46,00 € |

### CALVADOS

|                                 |         |
|---------------------------------|---------|
| Calvados Pays D'Auge 12 ans 4cl | 14,00 € |
|---------------------------------|---------|

### PORTO, PINEAU & EAUX DE VIE

|  |         |
|--|---------|
| Pineau Rouge 5 ans Château de Beaulon 6cl    | 11,00 € |
| Pineau de Château de Beaulon 2000 6cl        | 14,80 € |
| Porto Porto Tawny 10 ans Quinta do Noval 6cl | 12,00 € |
| Porto LBV Quinta do Noval 6cl                | 46,00 € |
| Limoncello, Manzanita 6cl                    | 7,00 €  |
| Baileys, Get 27, Get 31, Menthe-Pastille 6cl | 9,00 €  |
| Poire Williams 4cl                           | 13,00 € |
| Poire Williams Morand 4cl                    | 17,00 € |
| Chartreuse Verte 6cl                         | 16,00 € |

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