

EL NACIONAL

LUNCH TIME BISTROT

Monday to Friday from 12h00 am to 2h00 but holidays

MENUS

Daily Special main course	15,00 €
Starter + Main course or Main course + Dessert	22,00 €
Main course + Wine Glass+ Dessert	27,00 €
Starter + Main + Dessert	29,00 €

STARTERS

7,00 €

Daily Starter

Spinach Fritters & garlic mayonnaise

Spanish Ham « Croquetas » & Espelette paprika scented tomato sauce

Marinated Vegetables Antipasti

MAIN COURSES

15,00 €

Daily special, everyday different

Or

Chargrilled El Nacional sirloin steak, homemade french fries & green salad

Ou

Daily fish

DESSERTS

7,00 €

Goloso coffee (A light gourmand coffee)

Rice Pudding

Chocolat mousse

Alfajores(A short bread pastry filled with special toffee from Argentina)

For the Allergic Product list, please ask staff

BANK CHEQUES ARE NOT ACCEPTED AT EL NACIONAL THANK YOU FOR YOUR COMPREHENSION

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EL NACIONAL

TO HAVE A DRINK BEFORE DINNER

WATER, SOFT DRINKS & FRUIT JUICE

Natural mineral water: Abatilles Still/Sparkling 50cl/1l	4,00 € / 5,00 €
Water & Syrup Teisseire : Lemon, Strawberry, Grenadine, Minth, Almond, Peach	2,50 €
Fruit juice Granini : Apricot, Ananas, Orange, Grapefruit, Apple, Tomato	3,50 €
Coca-Cola, Coca-Cola Zero, Fuzze Tea Peach, Lemonade Ogeu, Orangina, Perrier	4,50 €
Fever-Tree Tonic Water : Premium Indian, Mediterranean, Premium Ginger Beer	4,50 €

BEERS

Stella Artois Draught Half 34cl / Pinte 50cl	5,00 € / 9,50 €
Leffe Blonde Draught Half 34cl / Pinte 50cl	5,80 € / 10,00 €
Quilmes Bottled 34cl (Argentine)	6,00 €

APÉRITIFS

Ricard 2cl / Suze 6cl	5,50 €
Martini / Lillet / Léonce 6cl	7,50 €
Fernet Branca 4cl Coca	9,00 €
Kir, Kir Médocain / Kir Royal 12cl	6,50 € / 14,00 €
Liquoreux white wine Amalaya Torrontes-Riesling 10 cl	10,00 €
Pineau de Château de Beaulon 2000 (vieilli en fûts de Château d'Yquem 2000) 6cl	12,00 €
Pineau rouge de Château de Beaulon 5 ans 6cl	9,00 €
Porto Tawny 10 ans Quinta do Noval 6cl	11,00 €
Porto LBV Quinto do Noval 6cl	15,90 €
Coupe de Champagne Ayala Brut Majeur 10cl	16,00 €

COCKTAILS


Today's Cocktail	12,00 €
Américano / Negroni	12,00 €
Spritz / Saint-Germain Spritz	12,00 €
Pisco Sour	12,00 €
Margarita	12,00 €
Moscow Mule, London Mule, Carribean Mule	12,00 €
Caïpis, Mojitos, Ti-Punch	12,00 €

GINs (4cl) & TONIC FEVER-TREE

London Beefeater	10,00 €
Bombay Sapphire	12,00 €
Hendrick's / Tanqueray / Sorgin / The Botanist	14,00 €
Monkey 47 / Sorgin Yellow	16,00 €

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APPETIZERS - BITS & BITES - STARTERS

PARA PICAR (Picar = Nibbling snacking...)

Antipasti 	10,00 €
(Assorted marinated vegetables with mozzarella, almond stuffed olives, etc)	
El Nacional homemade « Chacarero » Salami & 24 months old Comté	12,00 €
Cold meat platter	16,00 €
(spianatta, finocchiona, mortadelle, coppa et boudin noir)	
Jabugo 100% bellota Iberic Spanish cured Paletilla	24,00 €
Planche d'El Nacional (Antipasti, cold meats and many others to share)	26,00 €

Casual Snacking

Bone marow & gremolata (chopped garlic & citrus zest)	11,00 €
Beef Croquetas	12,00 €
Spanish Ham Croquetas	12,00 €
Spinach fritters & garlicky mayonnaise 	12,00 €
Empanadas Salteñas (Four small beef pies made in the same way that may elders did)	13,00 €
Upside down Chikory « Tarte Tatin » & orange scented whipped cream	13,00 €
Tortilla de patatas to share (Traditional spanish potato omelette) 	15,00 €
Crispy breaded foie gras & « à la Bordelaise » gravy	25,00 €

« A LA PLANCHA » (SPECIALLY SELECTED PRODUCTS)

«Argentinian sausage», chimichurri & roasted red peppers	9,00 €
Provoleta (Chargrilled provolone cheese with origan & Espelette paprika) 	11,00 €
Chargrilled veal kidney	14,00 €
Mr. Christian Parra's Black pudding	14,00 €
Garlicky Calamari	18,00 €
Lemon scented chargrilled veal sweetbrads	28,00 €

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MAIN COURSES

SALADS

Caesar salad « EL NACIONAL » breaded veal escalope 19,00 €

HOMEMADE PASTA, RISOTTI & CIE

Gorgonzola cream & crispy butternut squash Homemade fettuccine  23,50 €

Ricotta & spinach ravioli whit a shreaded beef & tomato ragout 24,50 €

Saffran risotto, pan seared scallops & beef gravy 28,00 €

FRESH FISH

Codfish, autumn vegetables tabouleh & artichauts vinaigrette 24,50 €

« A la plancha » Corvina fish & chargrilled vegetables 26,50 €

EL NACIONAL

LE GRILL

A LA PARRILLA* MEATS

(A la Parrilla=CHARGILLED LIKE AT HOME)

EL NACIONAL Parmentier Beef pie & salad	22,50 €
Chargrilled veal kidney with garlic & parsley	24,50 €
Argentinian beef Carpaccio, capers & rocket salad	24,00 €
Milanesa Argentinian milanaise escalope, the three ways (Breaded beef escalopes : Nature, à la Napolitaine & with a fried egg on top)	27,00 €
Chargrilled beef Onglet (Thick skirt steak)	28,00 €
Chargrilled Patagonian lamb chops & confit garlic	32,50 €
Black Gascon's breed chargrilled pork chop	34,00 €
Chargrilled flat meat from uruguayan beef	34,00 €
Argentinian chargrilled Bife de Chorizo (boneless thick sirloin steak of Argentinian beef)	46,00 €
Chargrilled Argentinian « Ojo de bife » (boneless thick rib-eye steak of Argentinian beef)	49,00 €
Black Gascon's breed chargrilled back fat & gratin dauphinois for two peoples	68,00 €
Chargrilled bone-in rib eye (For two peoples)	89,00 €

Beef provenance: U.E. -UK- France - Argentine and Uruguay.


***All our meats are served with a choice of : fries, green salad or home-made mashed potatoes**

Chargrilled vegetables 5,50 €

Side orders (french fries, green salad or home-made mashed potatoes) 5,50 €

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DESSERTS

Grandma's citrus scented rice pudding	8,00 €
Artisanals Ice-creams by La Compagnie des desserts (three parfums choice)	8,00 €
Chocolate Mousse (Valrhona chocolat Guanaja 70%)	8,00 €
Philadelphia Cheese cake & red berries coulis	9,00 €
Home made crème caramel custard with dulce de leche & whipped cream	9,00 €
Chocolate addiction & raspberry coulis and red berries	9,00 €
Choco addiction, red berries & raspberry coulis	9,00 €
Pecan pie & whipped chantilly cream	10,00 €
Walnut shortbread alfajores, with « Dulce de leche » filling (4 pièces)	10,00 €
Semifreddo Crocante (Home-made ice cream with caramelized almonds & chocolate bites)	10,00 €
Café Gourmand d' El Nacional	10,50 €
Irish Coffee, French or Caribbean Coffee	14,00 €
Cheese Platter (Comté, St. Nectaire, Camembert et St. Maure de Touraine)	18,50 €
OUR ALFAJORES ARE ALSO SERVED ON TAKE-AWAY ON SIX	15,00 €
OR ON TWELVE PIECES	28,00 €

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DIGESTIFS

LES RHUMS

Havana Club Especial (Cuba) / Havana Club 7 ans (Cuba) 4cl	10,00 €
Diplomático Reserva (Venezuela) / Ryoma (Japon) 4cl	12,00 €
Millonario 15 ans (Pérou) 4cl	12,00 €
Santa Teresa (Venezuela) / Bumbu / Moko / Ocumare Reversa 4cl	14,00 €
Botran Reserva (Guatemala) / Opthimus (République Dominicaine) 4cl	15,00 €
Matusalem (République Dominicaine) 15 ans / 23 ans 4cl	16,50 € / 21,00 €
Centenario 20 ans (Costa Rica) 4cl	16,50 €
Mount Gay 4cl	19,80 €
Zacapa 23 ans « Solera » / Zacapa XO Gran Reserva Especial 4cl	17,50 € / 35,00 €


LES TEQUILAS & MEZCAL

San José / José Cuervo 4cl	10,00 €
Don Julio Reposado 4cl	14,00 €
Patron Reserva 4cl	16,00 €
Casamigos 4cl	17,00 €
Mezcal El Rey Zapoteco Joven Espadin 4cl	12,50 €
Mezcal Los Javis Joven Salmiana 4cl	25,00 €

LES WHISKIES

Ballantines / Jack Daniel's / Bruichladdich Laddie Classic 4cl	9,00 €
Glenlivet 15 ans 4cl	11,00 €
Akashi (Japon) 4cl	14,00 €
Jack Daniel's Single Barrel 4cl	14,00 €
Oban 14 ans 4cl	14,00 €
Moon Harbour Pier 1 ou 2 4cl	14,00 €
Bruichladdich Port Charlotte / Bruichladdich Islay Barley 4cl	14,00 € / 16,00 €
Glenfiddich 12 ans / 21 ans 4cl	16,00 € / 21,00 €
Bruichladdich Octomore 4cl	22,00 €

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AFTER DINNER DRINKS

COGNAC, BAS ARMAGNAC

Cognac Château de Beaulon VSOP 4cl	12,00 €
Cognac Château de Beaulon XO 4cl	15,00 €
Cognac Château de Beaulon XO 1980 4cl	35,00 €
Cognac Tesseron Lot 76 XO 4cl	18,00 €
Cognac Tesseron Lot 53 XO 4cl	32,00 €
Cognac Tesseron Lot 29 XO 4cl	56,00 €
Cognac Delamain XO 4cl	16,00 €
Cognac Remy Martin « Louis XIII » Le cl	90,00 €
Bas Armagnac Darroze 12 ans 4cl	10,00 €
Bas Armagnac Darroze 95 Domaine 4cl	15,00 €
Bas Armagnac Darroze 92 Domaine 4cl	16,50 €
Bas Armagnac Darroze 90 Domaine 4cl	17,50 €
Bas Armagnac Darroze 89 Domaine 4cl	20,00 €
Bas Armagnac Darroze 87 Domaine 4cl	24,00 €
Bas Armagnac Laubade 1990 4 cl	18,00 €
Bas Armagnac Laubade 1980 4 cl	42,00 €

CALVADOS

Calvados Pays D'Auge 12 ans 4cl	13,00 €
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PORTO, PINEAU & EAUX DE VIE

Pineau Rouge 5 ans Château de Beaulon 6cl	9,00 €
Pineau de Château de Beaulon 2000 6cl	9,80 €
Porto Porto Tawny 10 ans Quinta do Noval 6cl	11,00 €
Porto LBV Quinta do Noval 6cl	13,90 €
Limoncello, Manzanita 6cl	6,00 €
Baileys, Get 27, Get 31, Menthe-Pastille 6cl	8,00 €
Poire Williams 4cl	12,00 €
Poire Williams Morand 4cl	16,00 €

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